

San Francisco Department of Public Health Division of Behavioral Health Services

A presentation to the San Francisco Health Commission
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Behavioral Health Services

Agenda

- BHS Overview
- MHSF Updates
- Overdose Prevention
- Infrastructure Grants
- Culturally Congruent Services



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Behavioral Health Mission, Vision, and Context

Mission & Vision

Promote behavioral health for all San Franciscans:

- Prevent illness
- Intervene early
- Promote co-interventions that improve health outcomes equitably

When behavioral health care is needed, it should be:

- Proactive
- Timely and Available
- Equitable
- Outcomes driven

Content: New Funding & Legislation-enabling Change

Mental Health San Francisco Four Domains:

- New Beds & Facilities
- Street Crisis Response Teams
- Office of Coordinated Care
- Mental Health Service Center

Prop C Funding

- Above Domains +
- Overdose Response
- Enhanced Supportive Housing

CalAIM

- Changing the way we deliver behavioral health services



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Behavioral Health Services Clients

FY21–FY22 (Q1–Q4)

- In FY21, Behavioral Health Services treated ~20,000 people for mental health treatment and/or substance use disorder treatment
- Additionally, in FY21, Behavioral Health Services provided prevention and early intervention services to >100,000 people (duplicated), including:
 - Crisis debriefings
 - School-based programs
 - Peer programs
 - Vocational services
 - Drop-in centers

Clients Receiving Mental Health Treatment

Age Group	FY20-21	FY21-22
Children & Youth (age < 18)	3,473	3,616
Adults & Older Adults (age 18+)	13,445	12,825
Total	16,918	16,441

Clients Receiving Substance Use Disorder Treatment

Age Group	FY20-21	FY21-22
All age groups (> 99% are age 18+ at start of FY)	4,626	4,516

Note: The numbers shown represent unique clients who received at least one service during the indicated time period. They are considered an undercount of services because of a lag in data entry and should not be construed as final or official. Clients' age is calculated as of the first day of the fiscal year (July 1). FY20-21 spans 7/1/2020 through 6/30/2021. FY21-22 spans 7/1/2021 through 6/30/2022.

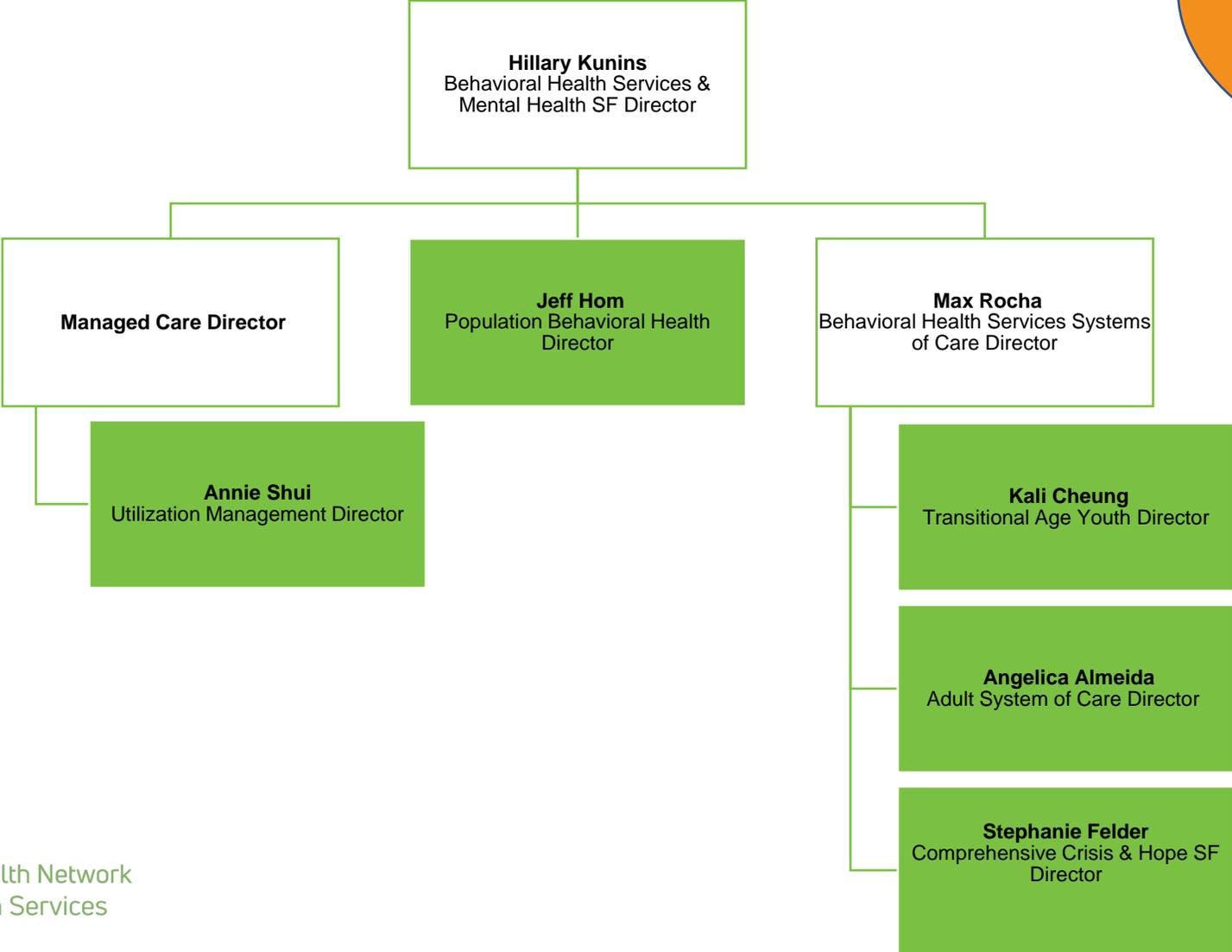
Source: Avatar service data



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New BHS Leadership

From January – July 2022, BHS hired 364 behavioral health and MHSF positions.*



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Mental Health San Francisco

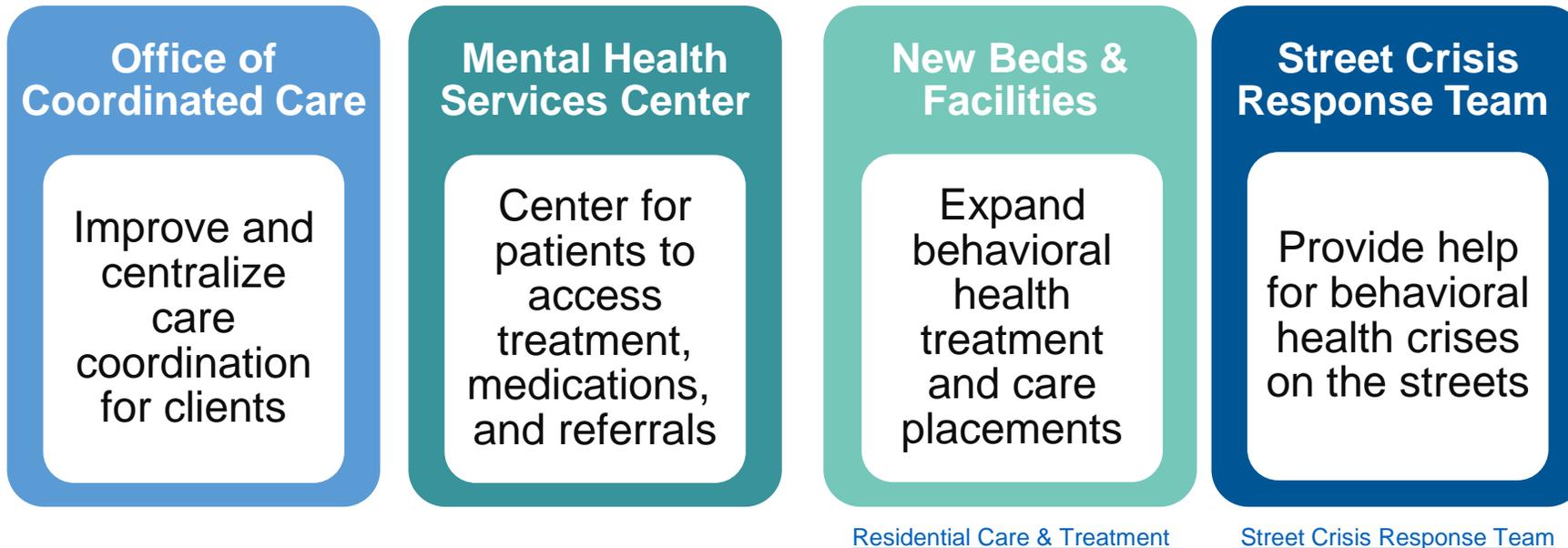


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Mental Health San Francisco

Established in 2019 and funded through Proposition C also known as “Our City, Our Home.” Mental Health SF (MHSF) aims to expand mental health and substance use services for people who are experiencing homelessness in San Francisco.

The four key initiatives of MHSF include:



Office of Coordinated Care (OCC)

Goal: Ensure equitable and well-coordinated access to behavioral health care, seamless transitions between systems and levels and systems of care, and centralized care coordination for priority populations.

OCC Operations

- Planning for EPIC (Target: November)

Behavioral Health Access Programs

- Behavioral Health Access Center (BHAC) and OBIC extended hours to 7 p.m. Monday – Friday, increased from 40 to 50 hours/week (June 2022)
- Hiring to extend BHAC hours to include weekends is underway (Target: Early September 2022)

Care Management Services

- January – August 2022: OCC's newly established Care Management Services received 101 requests, majority from ZSFG, which include:
 - Referrals to OCC's Bridge & Engagement Services Team (BEST) for bridge case management support
 - Consultation for hospital staff about treatment resources, discharge planning support, coordination of providers
- Coming soon (Target: October 2022):
 - Referrals for justice-involved individuals to behavioral health care and other services, including case management from individuals re-entering the community.



Residential Care and Treatment Expansion under Mental Health SF

Recently opened sites:

- SoMa RISE Drug Sobering Center
- Minna Project
- Victoria's House

As of the end of August, the new open bed count is nearly 250, which is 2/3 toward meeting our goal of opening 400 beds.



Victoria's House

- The ribbon cutting ceremony for Victoria's house was held on August 2. Now open for admissions.
- 12-month rehabilitation center with 46 beds for individuals with serious behavioral health conditions and substance use disorders.
- Designed to support and prepare clients to learn how to live independently and step-down to the lowest level of care.
- Clients may also undergo cognitive behavioral therapy, dialectical behavioral therapy, and other techniques to achieve independence living skills.
- Clients who will be placed at Victoria's House are referred from acute inpatient hospitals, locked facilities, and jails.

Mayor London Breed Announces Opening of Victoria's House – New Residential and Treatment Care Facility

46-bed rehabilitation center is part of the City's expansion of 400 new treatment beds to address serious mental health and substance use issues

August 02, 2022

San Francisco, CA – Mayor London N. Breed and the San Francisco Department of Public Health (SFPDH) today announced the opening of Victoria's House, a 12-month rehabilitation center for individuals with serious behavioral health conditions and substance use disorders. The Victoria's House at 658 Shotwell Street in the Mission neighborhood is a residential and treatment bed facility that offers timely, accessible, coordinated, high-quality, and recovery-oriented care that is delivered in the least restrictive setting.

The Victoria's House is part of the City's plan to add 400 new residential and treatment bed for people experiencing mental health and substance use issues. To date as part of this expansion, the City has created 179 new bed spaces, which include the openings of the SoMa RISE Drug Sobering Center and The Minna Project this year, with an additional 70 beds by the end of August. In total, the addition of beds equates to nearly 250 or 2/3 towards meeting the City's goal.

"Victoria's House will provide critical support so people struggling with mental health and addiction issues can get the care they need," said Mayor London Breed. "This facility is part of our strategy to expand the types of beds we provide, from crisis support to long-term care, based on data. If we are going to address the challenges we see every day on our streets, we need facilities like Victoria's House, so we have safe and stable places for people to go."



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Beds Dashboard

DPH Behavioral Health Residential Treatment Expansion

The San Francisco Department of Public Health (DPH) is increasing residential treatment and care services by approximately 400 overnight treatment spaces, or beds. The expansion effort is guided by the 2020 DPH Behavioral Health Bed Optimization Report, Mental Health SF legislation, and with input from stakeholders. The goal is to offer high quality, timely, easily accessible, coordinated, and recovery-oriented care delivered in the least restrictive setting.

<p>Goal 30</p>	<p>Open 2021 Hummingbird - Valencia Status Serving clients Open 28 beds currently available</p>	<p>Psychiatric respite facility to serve people experiencing homelessness from the Mission and Castro</p>
<p>Goal 20</p> <p>Est. Beds</p>	<p>Open 2020 Managed Alcohol Program Status Permanent location and additional funding will expand the program from 10 beds to 20 beds Open 10 beds currently available</p>	<p>Pilot Medical supervision for people with chronic alcohol dependency</p>
<p>Goal 31</p> <p>Est. Beds</p>	<p>Open 2021 Mental Health Rehabilitation Beds (aka LSAT) Status Serving clients Open Client placement varies</p>	<p>Out-of-county psychosocial rehabilitation for people who are conserved in a locked setting</p>
<p>Goal 13</p> <p>Est. Beds</p>	<p>Open 2022 Psychiatric Skilled Nursing Facilities (aka PSNF) Status Serving clients Open Client placement varies</p>	<p>Out-of-county secure 24-hour medical care for people with chronic mental health conditions</p>
<p>Goal 75</p> <p>Est. Beds</p>	<p>Open 2022 Dual Diagnosis Transitional Care for People With Justice Involvement (aka Minna Project) Status Serving clients Open 48 beds currently available</p>	<p>Transitional care for people in contact with the criminal justice system with a dual diagnosis of mental health and/or substance use issues</p>
<p>Goal 99</p> <p>Est. Beds</p>	<p>Open 2022 Residential Care Facility^Δ (aka Board and Care) Status Serving clients Open Residential Care Facility 23 beds currently available 12-month Rehabilitative Board and Care 76 beds currently available</p>	<p>Residential Care Facility: Supervised residential program for individuals with mental health issues who require assistance with daily living activities Pilot 12-month Rehabilitative Board and Care: Same as above with more intensive mental health and treatment support, such as for conserved</p>

KEY

August 29, 2022

Project Phases and Status		
Δ MHSF legislation	1 Program design	4 Out for bid/contracting
	2 Regulatory assessment	5 Community outreach & City approvals
	3 Facility selection	6 Permit & construction
		Complete
		In process
		Planned

<p>Goal 20</p> <p>Est. Beds</p>	<p>Open 2022 SOMA RISE^Δ (aka Drug Sobering Center) Status Serving Clients Open 12 beds currently available</p>	<p>Pilot 24-7 program for people experiencing homelessness with drug intoxication, providing short term stays and linkage to services</p>
<p>Goal 6</p> <p>Est. Beds</p>	<p>Open 2022 Cooperative Living for Mental Health^Δ Status Serving Clients Open Client Placement Varies</p>	<p>Communal living for people with chronic mental health and/or substance use Additional \$11M to stabilize leased properties available through MOHCD</p>
<p>Goal 16</p> <p>Est. Beds</p>	<p>Opening 2023 Crisis Diversion Facility^Δ Status Contracting and construction in process 1 2 3 4 5 6</p>	<p>Short-term, urgent care intervention as an alternative to hospital care</p>
<p>Goal 70</p> <p>Est. Beds</p>	<p>Opening 2023 Residential Step-down - SUD^Δ Status Active planning for building design 1 2 3 4 5 6</p>	<p>Long-term sober living environment for clients coming out of residential care programs</p>
<p>Goal 30</p> <p>Est. Beds</p>	<p>Opening 2023 Enhanced Dual Diagnosis^Δ Status Contracting in process 1 2 3 4 / /</p>	<p>Transitional medically enhanced care for people with a dual diagnosis of mental health and substance use issues</p>
<p>Goal 10</p> <p>Est. Beds</p>	<p>Opening 2023 Transitional Age Youth (TAY) Residential Treatment^Δ Status Program design in development 1 2 3 4 / /</p>	<p>Supervised treatment for young adults with serious mental health and/or substance use issues</p>

250 Total Beds Opened



San Francisco Behavioral Health Services

Street Crisis Response Team (SCRT) Updates

Goal: To provide rapid, trauma-informed response to calls for service about people experiencing crisis in public spaces to reduce law enforcement encounters and unnecessary emergency room use.

- As of May, SCRT is fully operational with all planned seven teams launched and delivering 24/7 coverage throughout the city.
- In June, SCRT transitioned to Emergency Medical Dispatch (EMD).
- From November 30, 2020 — July 31, 2022, SCRT had a total of 5,508 encounters and resolved 58% of crises on scene.
 - 15% of engagements resulted in clients being transported to the hospital, and 13% linked and transported to social or behavioral setting.
- In July, the SCRT Office of Coordinated Care team engaged 82% of clients in follow-up (52% cumulative since April 2021).

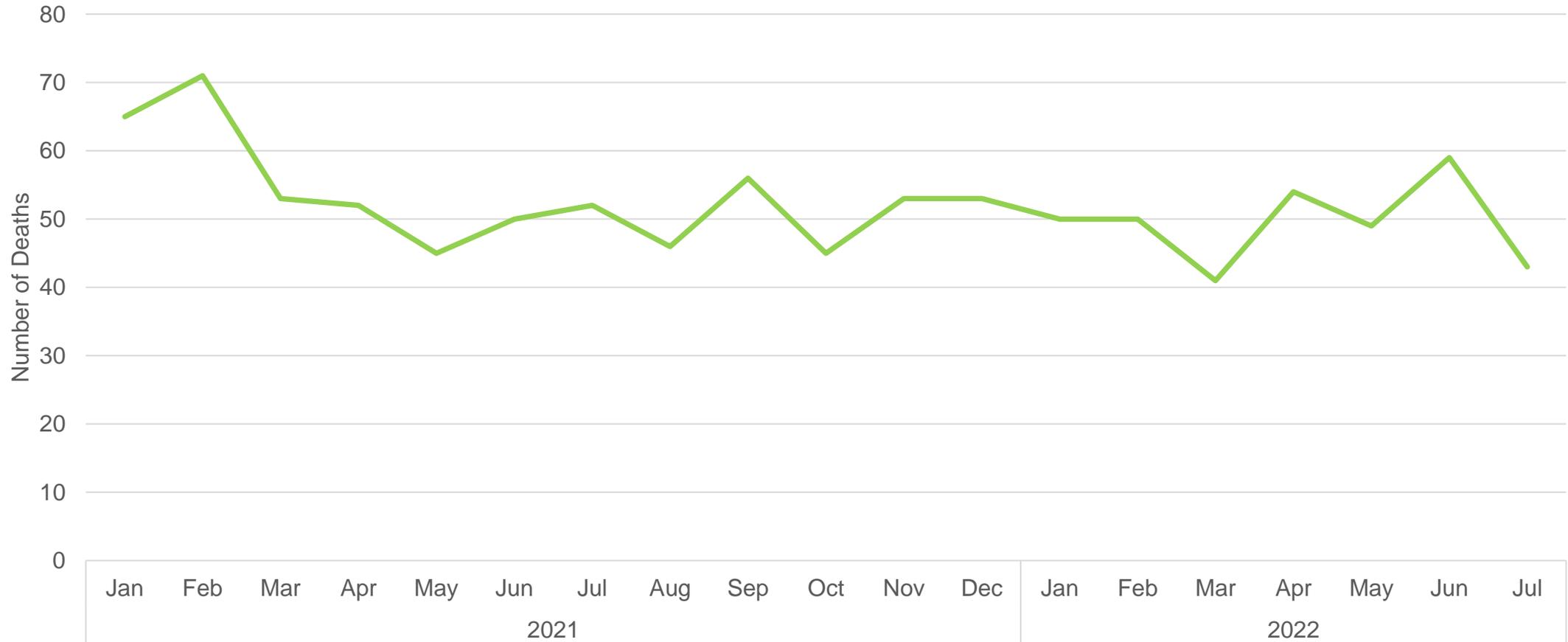


Overdose Prevention



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Preliminary Overdose Deaths in San Francisco Jan 21 – Jul 22 by Month



Overdose Prevention

Goals: Reduce overall overdose deaths in San Francisco, while also reducing disparities in overdose deaths among people experiencing homelessness and among Black/African American San Franciscans.

Strategic interventions and programs:

Overdose education and distribution of harm reduction supplies

- Expand naloxone distribution (in diverse settings where people are at highest risk of overdose)
- Expand fentanyl test strips
- Expand safer consumption supplies

Expand access to and remove barriers to high impact treatment

- Buprenorphine telemedicine
- Expand low threshold buprenorphine (multiple settings)
- Expand connection to care (HOUDINI link; Bridge)
- Expand contingency management
- 24/7 methadone treatment admissions
- Expanded pharmacy hours

Establish focused non-fatal overdose response

- Street opioid response teams
- *See next slide*

Increase social support and decrease stigma for people at risk of overdose and their loved ones

- SOMA Rise
- Advocate for safer consumption spaces
- Hummingbird Valencia
- Community education and organizing



Street Overdose Response Team Dashboard

STREET OVERDOSE RESPONSE TEAM (SORT)

JUNE 2022 UPDATE

The goals of the San Francisco Street Overdose Response Team are to reduce the risk of opioid-related death of individuals who have recently experienced an overdose, contribute to an overall reduction in overdose deaths through referrals and care coordination with community-based organizations, and to provide support to people who have survived any overdose.

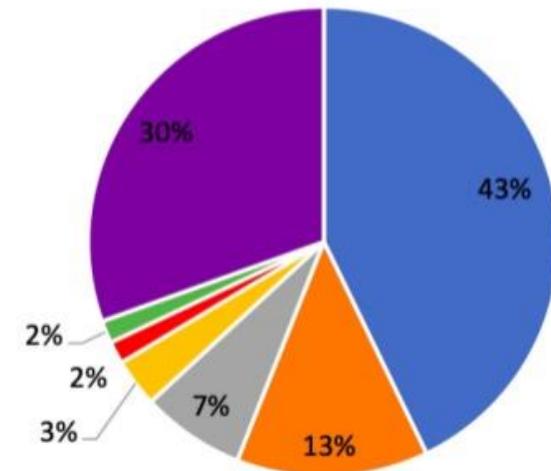
June 2022 Key Performance Indicators

 Calls Handled by SORT*	June 160	Cumulative* 1,670
 Calls Including an Overdose	June 50	Cumulative 868
 Calls That Include Buprenorphine** Starts	June 5	Cumulative 56
 Clients who accepted harm reductions supplies	June 45	Cumulative 683



Overdose Engagement Location: *Cumulative

- Street
- Hospital
- Home
- Shelter
- Business
- Facility
- No Entry



*Cumulative counts are on data since pilot launch (August 2, 2021 – June 30, 2022).



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Other Prop C-Funded Overdose Preventions Updates

Office-Based Buprenorphine Induction Clinic (OBIC) Prop C Expansion

- From April – June 2022, new client intakes increased by 6% (128), which is up from 121 new client intakes the previous quarter (January – March 2022).
- Expanded hours Tuesday, Thursday, and Friday until 6 p.m., which allow for:
 - Drop-in, flexible access to medications for addiction, medications for co-occurring mental health disorders, naloxone, and supportive counseling and motivational interviewing.
- Pilot for individualized contingency management program for people with stimulant use disorders is starting soon.

BAART Market Street Clinic

- Currently expanded to evening hours;
- As of August 17, 2022, admitted 127 individuals and provided 5,692 doses since its launch in April 2022.

BHS Pharmacy Naloxone Clearinghouse & Fentanyl Test Strips

- From October 2021 – June 2022:
 - 13,000+ naloxone kits distributed to 60+ programs
 - 2,134 reported reversals
- From April – June 2022:
 - 19,000 fentanyl test strips distributed to 61+ programs



Infrastructure Grant Funding



Infrastructure Grant Funding from the State

\$6.8 million awarded through California Department of Health Care Services (DHCS) Behavioral Health Continuum Infrastructure Program (BHCIP) for the renovation of the Crisis Stabilization Unit facility in the Tenderloin (822 Geary).

- Funding through California's allocation of \$518.5 million in grants to provide services and housing options to those with severe mental illness or substance abuse problems, including those experiencing homelessness.

\$5.5 million awarded to San Francisco through state Community Care Expansion (CCE) Preservation program to support the preservation of Board & Care facilities.

- Capital Operating Subsidy Payments (OSP): \$1,497,369 to preserve and avoid the closure of critical residential adult and senior care facilities.
- Capital Projects (CP): \$4,075,588 in capital funds for critical physical repairs and required upgrades to eligible facilities (inside or outside).



Culturally Congruent Services and Initiatives

Culturally Congruent Services and Initiatives

Behavioral Health Services offers services that are culturally and linguistically congruent with the needs of Asian and Pacific Islander Communities.

- 10 programs dedicated to API youth and adults:
 - 3 contracted community-based organization programs for API youth; 1 dedicated civil service site for API youth
 - 3 community-based organization programs for API adults; 3 civil service sites with predominantly Asian American clinicians or programming
- Includes: Crisis Intervention; Comprehensive Mental Health Services; Intensive Case Management; Substance Use Prevention for Youth; Screen Use/Media Consumption Education; Gambling Prevention Education.
- These figures and the programs listed do not account for the number of clinicians, counselors, staff and peers throughout other sites/programs who also contribute their cultural knowledge and language capacity to serve API consumers citywide.

Anti-Racist and Culturally Humble Clinical Practices Training Academy, which trains BHS clinicians and providers on core skills in providing anti-racist and culturally-responsive clinical assessment and interventions to clients.

- Two-year academy for ~300 BHS staff and providers (launches Fall 2022)
- First year includes foundational trainings/consultations on: (1) constructive conversations on race/racism with clients; (2) anti-racist clinical assessment and diagnosis; and (3) cultural adaptation of practices in working with Black/African-American, Latina/o/x/e, AAPI, and AIAN clients.
- Second year will include training on specific culturally-adapted/responsive evidence-based practices and community defined practices (e.g., anti-racist DBT, El Joven Noble, Taoist CBT, EmbRACE, Effective Black Parenting Program (EBPP), etc.)



Thank You



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